

Shakara Tosha

2025 Summary Catalog Of Work

Presentations, Event Packages, Services & Products

(1) PRESENTATIONS (1 hour)	3
(2) LIVE ACTIVATIONS WITH THE STAR GUIDES (1 hour)	3
(3) ENERGY READINGS (2 hours)	3
(4) PERFORMANCES (2 hours)	3
(5) CO-CREATIVE EVENT HAPPENINGS (2 hours)	4
(6) ONGOING BROADCAST SHOW (1 hour)	4
(7) JOURNEYING & VISIONING (3 hours)	4
(8) GUIDED MEDITATIONS & FREESTYLE VISUALIZATION (1 hour)	5
(9) EXPERIENTIAL WORKSHOPS—MAKE, BE & DO (2 hours)	5
(10) GROUP SUPPORT CIRCLES (2 hours)	8
(11) SACRED CEREMONIES & RITUALS (2-8 hours)	9
(12) EVENTS & SERVICES AT YOUR HOME LOCATION (2-8 days)	11
(13) SACRED RETREAT PACKAGES (2-7 days)	11
(14) MICRO-LEARNING & FOCUSED STUDY GROUPS (2 hours)	12
(15) PERSONAL GUIDANCE SESSIONS (45 min-2 hours + packages)	24
(16) PRODUCTS—Activated Tools	28
(17) JOIN SHAKARA’S EXPANSIVE COMMUNITY	29
(18) ABOUT SHAKARA	30

Types of Places Shakara Can Present At

- (1) **Presentation & Interviews**
As Guest On Your Podcast or Show
- (2) **Keynote Speaker At Your Hosted Event**
At Your Specific Hosted Conference Or Event
- (3) **Shakara's Presentation On Specific Topic or Theme**
At Your Themed Event, Space & Home Gathering

(1) PRESENTATIONS (1 hour)

*Entertaining, Informative, Inspirational & Life-Changing Presentations
—With “Creative Inspirationalist” Shakara*

- (1) **“Cosmic Quantum Wisdom & Light Language Transmissions from the Star Guides”**
General Presentation—Teachings & Energy To Navigate our Shifting Ascension Times
- (2) **“Multimedia Sampler Montage Showcase”—Multidimensional Presentation**
Shakara’s Various Formats of Teachings, Messages, Readings & Light Language
- (3) **“Messages & Teachings From The Books Series”**
Information & Teachings From Shakara’s Various Topics & Guides
- (4) **“Becoming Shakara”**
Info About Her Life & Spirit Work Experiences—For Presentations & Interviews

(2) LIVE ACTIVATIONS WITH THE STAR GUIDES (1 hour)

*Live Interaction & Light Language
Interface Directly The Star Guides Team & Shakara*

- (1) **“Get ‘Galactivated’ Light Language Transmissions From Shakara & The Star Guides”**
Direct Light Language Transmissions—Activating The Codes of Creation Within You
Energetic Frequencies From The Star Guides & Shakara’s Higher Self
- (2) **“Talk With The Cosmic Guides—Live Q&A Directly With The Star Guides”**
Clear Channeling by Shakara With Messages & Transmissions From The StarGuides Team
Connective, Insightful, Expansive & Direct Contact with Star People Through Shakara

(3) ENERGY READINGS (2 hours)

Energetic Readings & Activations With Shakara & The Star Guides Team

- (1) **“Cosmic Channeled Group Energy Readings & Light Language by Shakara”**
Messages & Light Language By Shakara—for Individuals & Groups
- (2) **“Energy Readings & Creative Light Language Art Creations by Shakara”**
Multidimensional Energetic Art Creations By Shakara For Group Attendees

(4) PERFORMANCES (2 hours)

*Shakara’s Original Inspirational Performances: Spoken Word, Music & Entertainment
Unique Short-Term or Ongoing Series*

- (1) **“Spoken Words, Spoken Vibrations Creative Readings—By Shakara”**
Creative Readings, Poetry & Messages With Music
Live action reading of Shakara’s various writing, poetry, books & cards with music
- (2) **“Multidimensional Composite of Light Language Expressions—By Shakara”**
Medley of Creative Expressions & Star Messages Through Light, Sound & Vibration
*Creative, Cosmic & Mystical Messages Into Form & Movement
Speaking, Singing, Toning, Rapping, Jazz Riffs & Mantras in Light Language*
- (3) **“Artist in Residence...Artist In Resonance Program—By Shakara”**
Ongoing Weekly Series of Shakara’s Presentations & Performances On-Location
Also in collaboration with other artists, musicians & presenters, or with audience

(5) CO-CREATIVE EVENT HAPPENINGS (2 hours)

Shakara's Collaborative Live Performances & Creations With Others

- (1) **"Infini-D Lounge" Collaborative Co-Creation Round Table Event**
Soul & Spirit Dialog, Art, Music, Performances & Artist Round Table
With 'Creative Inspirationalist' Shakara & Friends" (artists, musicians & presenters)
- (2) **"Art In Motion" Co-Creation Event**
Live-Action Painting & Light Language By Shakara With Friends"
Collaborative With Live Musicians or My Own Background Music
- (3) **"Project CoLab"...Let's Co-Create Together**
Let's Partner & Create Together—Contact Shakara To Further Discuss Details
Collaborative Live Projects & Presentations To Be Created

(6) ONGOING BROADCAST SHOW (1 hour)

*Shakara's Original Broadcast Show—Interviews, Guests, Presentations & Dialogue
Unique Short-Term or Ongoing Series*

- (1) **"Live Broadcast of 'CAL—The Creative Ascension Lifestyle Show'"**
Shakara's Own Live Show With Guests—Quantum, Cosmic, Creative & Daily Life
*Ongoing Series: Conscious Conversations, Presentations & Activities
With Your Host Shakara*

(7) JOURNEYING & VISIONING (3 hours)

*Deep, Immersive Freestyle Journeying & Visioning In Highly Experiential Ways
—With Your Travel Guides Shakara & The Star Guides Team*

- (1) **"Soothing Energetic Sound Bath"—With Direct Light Language Transmissions**
To Calm, Recalibrate, Restructure & Invigorate Your Frequency
*Multidimensional Bathing in Light, Sound, Vibration & Etheric Energy
Transform All Aspects of You*
- (2) **"Pure Direct Light Language Transmission Journey"**
Receive Multidimensional Light, Sound & Vibrational Downloads & Upgrades
Multidimensional Symbolic Communication Transfer & Energy Upgrading
- (3) **"In-Lightened Venture"—Into The Sacred Space of Light**
Journey Into & Through Light Energy With Light Language & Star Messages
Vibrational Recalibration, Retuning & Activation Of Inner Light & Connection To All Light
- (4) **"Multidimensional Realms Tour"—Swift Traveling & Exploration Journey**
Gliding Through Various Worlds From Within Your Vessel Ship Of Light
High-Vibrational Light Language, Guided Meditation, Teachings & Messages
- (5) **"Intentional Expansion of Self"—Journeying Into Other Realms**
Conscious Expanding Of Your Self Into Other Dimensional Realms
Experiencing Higher Dimensions Through Your Inner Consciousness With Intention
- (6) **"Energy Replenishing"—Light, Sound & Vibration Journeying With Shakara's Codes**
Sacred Transformation With Shakara's Tools To Recalibrate Your Soul, Mind, Body & Spirit
Tools for Healing, Activating, Journeying, Visioning, Activation & Guided Meditation
- (7) **"Shamanic Elemental Journeying"**
Experiencing Connection with the Elemental, Plant, Animal & Earthy Nations
- (8) **"Cosmic Star Journeying"—Through Stargates & Energy Portal Traveling**
Experiencing Cosmic Connection with The Star Nations
- (9) **"Inner Soul Journeying"—Experiencing Your Inner Light**
Traveling Inward To Experience Your Inner Pillar of Light & Soul Codes

- (10) **“Higher Self Connection Journeying”**
Traveling Inward To Experience Your Higher Self
- (11) **“Your Personal Guides Connection Journeying”**
Connect To Your Guides Through Cosmic Soul Traveling
- (12) **“Personal Visioning Quest”—Traveling Into The Cosmic Realm To Receive Messages**
Light Language Traveling Ceremony, Guidance & Holding of Sacred Space
By Cosmic Star Medicine Woman Shakara & The Star Guides

(8) GUIDED MEDITATIONS & FREESTYLE VISUALIZATION (1 hour)

*Structured Meditative Experience of Freestyle & Scribed Meditations With Our Guide Shakara
Focused Visualization, Energy, Healing & Activation Prompt Formats*

- (1) **“Retuning”**—Freestyle Meditation
Earthly & Cosmic Healing & Rebalancing All Aspects of You
Get Clarity, Remove All Obstacles & Get Refreshed
- (2) **“Energetic Activation”**—Freestyle Meditation
Activating Your Inner Codes of Light
- (3) **“Reconnection”**—Freestyle Meditation
Refresh & Access The Creative Light In All Things
- (4) **“Personal Inspiration”**—Freestyle Meditation
Ignite Your Creative Manifestation Abilities & Connect To All Possibilities
- (5) **“Being Present In The Moment”**—Freestyle Meditation
Returning To Your Your Center
- (6) **“Transmission of Shakara’s Messages”**—Freestyle Meditation
Shakara’s Reading of Various Writings & Messages
- (7) **“Guided Pre-Scribed Wisdom”**—Spoken Walk-Through Wisdom Meditations
Various Topics To Choose From—Experience Clear Guidance Into Other Realms

(9) EXPERIENTIAL WORKSHOPS—MAKE, BE & DO (2 hours)

*Hands-On Workshops, Exercises, Techniques & Processes
Learn & Grow By Creating, Experience, Reflection & Interpretation*

(9A) Creative Artmaking Workshops

Multidimensional Hand’s-On Art-Marking & Creative Expression In Your Unique Way

- (1) **“Paint (or Craft) & Sip For Soul-Being Creatives”**
Freely Expressing Yourself Through Play With Soul, Spirit & Heart
- (2) **“Abstract Painting & Creating With Energy”**
Tapping Into Various Energies & Creating Energetic Abstract Art
- (3) **“Drawing & Scribing Messages from Your Higher Self”**
Connecting with Higher You For Messages & Guidance
- (4) **“Creating a Portrait of Your Higher Self”**
Connecting with Higher You & Visualizing Your Being In Form
- (5) **“Drawing & Scribing Messages To You From The Guides”**
Connect To All Guides & Your Guides & Bring In Messages For Yourself
- (6) **“Creating a Portrait of Your Star Guides”**
Connect To Your Guides & Make Their Art Portrait
- (7) **“Intuitive Art-Making”**
Exploring Abstract Drawing & Painting From The Soul
Feel & Experience New Ways Of Energy Perception & Artistic Expression

- (8) **“Activating & Manifesting Your Own Light Language Expressions”**
Awakening & Creating Your Own Light Language Forms
- (9) **“Drawing While Receiving Activating Key Codes & Light Language Prompts”**
Light Language Activation For Inner-Vision Drawing & Scripting
- (10) **“Synesthesia & Higher Senses Diagramming With Light Language Prompts”**
Drawing With Higher Frequencies
Light Language Prompting For Sense-Expansion & Manual Diagramming
- (11) **“Inspiring Quantum Visioning Board Creations”**
Future-Present Mapping Of Your Visions In New Artistic Ways
Cosmic “Seeing” & Creating A Special Vision Board Map of Your Life Journey

(9B) Light Language Workshops

Activating Your Unique Light Language In Various Expressions

- (1) **“Discover, Activate & Express Your Own Light Language Expressions”**
Find Your Own Light Language Method & Explore It Further
- (2) **“Light Language Call-&-Response Prompts To Create Your Own Messaging”**
Interactive Activation, Energy Exchange & Creation With The Group
- (3) **“Reading & Messages Using Shakara’s Light Language Tools”**
Interactive Activation, Energy Exchange & Creation With The Group

(9C) Sacred Body Movement Workshops

Moving & Creating Energy With Your Light Body Into Form

- (1) **“Energetic & Ecstatic Movement of Body, Mind, Soul & Spirit”**
Feeling & Moving Energy Through Dance, Mudras & Improvisation

(9D) Manifestation Workshops

Creating Visions into Form

- (1) **“Manifest Anew”**
*Creative Visualization & Manifestation Techniques
Using Visioning & Creative Energy Tools To Manifest What You Desire*
- (2) **“Working & Playing With Light, Sound & Vibration In New Ways”**
Experience & Interact With The Energies of Light, Sound & Vibration In New Ways
- (3) **“Creative Visioning”**
Visioning Into A New Reality & Manifesting Your Desire
How To Vision Your Life In a New Way & Create a New Reality
- (4) **“Becoming Your Own Messenger”**
Through Traveling, Visioning, Energy-Shifting & Interpretation
Travel in Other Mystic & Etheric Realms & Read The Energetic Frequency
- (5) **“Celebrating The Voice With Sound”**
The Music of the Cosmos
Tune Your Voice To the Sound of The Cosmos & Vocalize Your Frequency
- (6) **“You Are Light”**
Expanding, Radiating & Manifesting Your Inner Light Frequency Into Form
Connecting Consciously To Your Various Light Bodies & Manifesting Light In Form

(9E) Soul & Spirit Workshops

Connecting Deeply With Your True Self & Utilizing Your Frequencies

- (1) **“Nurture Your Spirit”**—Crafting A Special Sacred Bundle Just For You
Connecting Deeply With Your True Self & Utilizing Your Frequencies
- (2) **“Self-Initiation & Connecting To Your Own Guides”**
Connecting With Your Inner Self, Inner Child & Higher Self
Initiate Yourself Through The Process of Re-Integrating All Aspects Of You

(9F) Self—Personal Explorations Workshops

Find, Remember, Express, Live & Be Who You Truly Are

- (1) **“I AM IN—Inner Personal Explorations”**
Centering In Your Core & True Self—*Connecting With Your Inner Illumined Light*
- (2) **“In-Tuning & Connections”**
The Fine Art of Connecting With Everything
Connecting With Etheric Energy That Runs Through Everything
- (3) **“Living In The Moment”**
Uniting Past, Present & Future In The NOW
Merging All Aspects of Time & Returning To Your Center Pillar of Light
- (4) **“Connecting & Working With The Key Codes of Creation”**
In the World & Within You
Connecting With All The Codes of Creation & Working With Key Codes

(9G) Star Kids Workshops

The New Masters From The Cosmic Realm Are Here—For Star Kids & Their Families

- (1) **“Art-Making for Star Kids”**—Expressing Your True Voice, Visions & Codes
For Star Kids To Express Themselves Authentically In A Safe Space
- (2) **“Expanding Yourself”**—Energetic Dance & Movement In New Ways
For Star Kids To Freely Express Themselves & Their Energy Creatively
- (3) **“Talking About Your Personal ET & Star People Experiences”**—For Star Children
Safe Play & Expression Place For Those Who Have ET & Other-Worldly Experiences
- (4) **“Star Kids Circle Gathering & Activities”**—For Parents & Children Kids Together
Fun & Self-Expressive Workshop For Star Kids & Parents To Create Together

(9H) Energy Tools & Divination Workshops

Divining Your Life With Energy Tools & Devices

- (1) **“Visioning & Scrying Through Divining Tools”**
With The Star Guides
Learn to “See”, “Call In” & “Interpret” Messages With My Star Guides & Yours
- (2) **“Become Your Own Personal Divining Oracle”**
New Visioning & Scrying
Divination, Scrying & Psychic Expansion Techniques To Do Your Own Readings
- (3) **“Creating Grids & Mandala Energy Tools”**
With The Elemental Guides
Grid & Mandala Creations With Natural Elementals As Your Guide
- (4) **“Setting Up Your Sacred Home Altar”**
Choosing & Making Your Own Tools
Make Your Own Sacred Tools & Create Or Enhance An Energetic Home Altar

(9I) Strategy: Scribing, Journaling, Mapping & Blueprinting Workshops

In-Form Your Life through The Process of Scribing—Design Your Desires

- (1) **“Creative Journaling”**
As a Communication, Reflection & Creation Tool Of The Self
Rewriting, Drawing & Scribing Your True Story & Visions Into Reality Through Journaling
- (2) **“Life Mapping”**
Learn How To Plan, Map, View, Interpret & Manifest Your Desires
Getting the Cosmic View & Visually Map A Clear Picture of Your Life
- (3) **“Blueprint Alignment”**
With Your Original Energetic Akashic Blueprint
Connecting To Your Original Pattern, Drawing It Into Form & Blueprinting Your Life

(9J) Ascension & Expansion Workshops

Living the NEW Through Ascension Times

- (1) **“Expanding Into Your Higher Senses”**
Awakening, Activating & Expanding In New Dimensions
Work With Your Expanded Senses In Higher Realms & Ways
- (2) **“Accessing & Traveling The 13 Gateways of the Heart”**
Accessing Portals & Stargates Into Other Realms Through Your 13 Senses

(9K) Master Class Workshops—Practice & Mastery (Based On All Teachings)

Become Your Own Master of Your Consciousness & Reality

- (1) **“Awaken & Become The Conscious Master of Your Own Life”**
Gather & Utilize Ancient Knowledge, Wisdom & Understanding For Mastery

(10) GROUP SUPPORT CIRCLES (2 hours)

Immersive Group Gatherings—Intimate Discussions, Sharing, Dialog & Tools

Encouragement, Support, Guidance & Connection With Your Tribe (1 time or ongoing)

- (1) **“For Awakening Starseeds-Becoming-StarBeings”**
Managing Metaphysical Life Changes—Awaken & Become Who You Are
- (2) **“Ascension Support Now—Big Changes & Shifts In Collective Daily Life”**
Navigate What In The World Is Happening & What’s Happening In The World
- (3) **“Star Nation (ET) Contactee Support”**
I had an ET or Star Ship Experience & Need Understanding & Support
- (4) **“Arrival—Preparing for Star Nation ET Contact”**
Getting Ready For Direct Contact—For The Transition & Integration Team
- (5) **“Self-Inspiration Support To Get Motivated & Excited About Life”**
Find Your Creative Spark & Flame Your Inner Fire
- (6) **“Inner Work...It’s An Inside Job”—Guide Your Own Self-Initiation**
Experience & Guide Your Own Self Initiation, Self-Empowerment & Actualization
- (7) **“Your Unique Energy Frequency Signature”**
Connecting Deeply with Yourself, Being You & Manifesting Your Unique Gifts
- (8) **“The Fine Art of Parenting StarKids”—For Parents**
How To Guide & Work With These Cosmic High-Vibrational Beings
- (9) **“StarKids—Bringers of the Light”—For Star Kids**
Navigating All You Are In This World & Sharing Your Gifts

(11) SACRED CEREMONIES & RITUALS (2-8 hours)

Direct Experiential Energy, Healing & Activation Ceremonies

Guidance, Healing & Ritual Tools To Assist You At Various Stages Of Life

(11A) Healing Ceremonies

- (1) **“Holistic Multidimensional Healing”**
Recalibrating Balance in These Times
Healing, Recalibrating & Retuning All Aspects Of You Back Into Balance
- (2) **“Return To Your Origin Blueprint”**
Ceremony To Align & Re-Sync To Your Original Blueprint
Alignment Through The Unification of All Aspects of You
- (3) **“Hands-On Healing by Shakara”**
Energetic Healing, Transference, Transmission, Activation & Shifting
(By Shakara...on location in person only)

(11B) Activating Ceremonies

- (1) **“Get Galactivated”**
Receive Shakara’s Light Language & Direct Messages From Your Guides
Connect With Your Guides & Get Transmitted Messages Just For You

(11C) Honoring & Connecting Ceremonies

- (1) **“Honoring The Star Elders & Wisdom Keepers In Sacred Union**
Make Sacred Connection With The Star Elders
Connect, Feel & Honor Their Presence
- (2) **“Working With The Elements of Nature”**
Natural Healing & Guidance, Direction, Messages & Tools
Make Sacred Connection With Elementals & Receive Messages & Tools

(11D) Life Transitions Ceremonies

- (1) **“Star Child Pre-Birth”**
Calling-In & Connecting With The Soul of the Star Child
Align With The Perfect Soul Connection of You & Your Future Child
- (2) **“Star Child Post-Birth”**
Living & Growing With The Soul of the Star Child
Develop Deep Connection & A Beautiful Relationship With Your Soul Child
- (3) **“Human End-of-Life Passing & Transition Into Spirit”**
For Friends & Loved Ones” (All Ages)
The Profound Experience of Celebrating Life & Transition Into Spirit
- (4) **“Animal End-of-Life Passing & Transition Into Spirit”**
For Pets & Kindred Animal Friends
The Profound Experience of Celebrating Life & Transition Into Spirit
- (5) **“Child’s Rite of Passage Into Young Adulthood”**
Ceremony Of Threshold Crossing Into A New Cycle
Celebrate Youth Years & Prepare For Your Personal Evolution

(11E) Sacred Circles Ceremonies

- (1) **“Sacred Women’s Goddess Circles”**
Profound Gathering—Community, Healing & Connection
Celebrate, Honor & Connect With The Divine Feminine

(11F) Honoring Key Dates Ceremonies

- (1) **“Celebrating & Honoring Significant Key Days & Dates”**
During Stargate & Portal Openings
Experience Profound Shifting & New Energy

(11G) Daily Life Rituals Ceremonies

- (1) **“Daily Life Rituals”**
Creating & Maintaining Practical & Spiritual Rhythms
Experience The Sacred Rhythm & Powerful Practice Of Life Rituals
- (2) **“Preparing Sacred Space”**
Home, Children's Room, Work, Spiritual Altar & Personal Lifestyle
Gather Tools, Instruction & Guidance On How To Set Sacred Space

(11H) Journey Tours On The Land Ceremonies (2-8 hours)

Grounding, Connecting & Transmissions—From The Land, Spirit & The Stars: Individuals & Groups

- (1) **“Transmissions, Messages, Teachings & Ceremony From The Land” (2-4 hours)**
From The Land For You
Sacred Ceremony By Shakara, Star Guides & Elemental Nations
- (2) **“Gleaning Your Own Messages On Your Connected Pathway Walk” (2-4 hours)**
Connection & Receiving Your Own Messages From The Land
Connecting with Spirit, Nature, Elementals, Earth & The Codes of Creation
Sacred Ceremony By Shakara, Star Guides & Elemental Nations
- (3) **“Feeling The Vibrational Land & Grid-Working With Ley Line Energy” (2-4 hours)**
—Connecting With Sacred Locations & Aligning With The Ley Lines
Sacred Ceremony With Shakara, Star Guides & Elemental Nations
- (4) **“Ceremony In Partnership With The Land Elements & Elementals” (2-4 hours)**
—Together With Air, Water, Fire, Earth & Ether Spirits
Sacred Ceremony With Shakara, Star Guides & Elemental Nations
- (5) **“Guided Tour & Soul Journey On The Land” (4-8 hours)**
Travel, Teachings, Messages, Guided Journey & Activations
Sacred Ceremony By Shakara, Star Guides & Elemental Nations
- (6) **“Modern Vision Quest & Visioning Your Future On The Land” (4-8 hours)**
Participatory Experiential Spiritual Visioning Journey & Meditation
Shamanic Guidance, Sound, Energy & Light Language
Sacred Ceremony By Shakara, Star Guides & Elemental Nations

(11I) Star Sweat Lodge Ceremonies (4-8 hours)

- (1) **“Earth-Star Sacred Sweat Lodge—Vessel Of Healing & Messages”**
Unique “Star Lodge” Ceremony With Shakara & The Star Guides
Focused Gathering—designated built lodge on location
Sacred Ceremony By Shakara, Star Guides, Elementals, Spirit Guides & Animal Nations

(12) EVENTS & SERVICES AT YOUR HOME LOCATION (2-8 days)

Immersive Custom Personal Or Group Gathering At Your Home Location

Learn, Experience, Engage & Receive—with Your Guide Shakara

- (1) **“Abstract Mural Painting On Location”**
- (2) **“Custom Painting For You”**
- (3) **“Personal Custom Soul Portrait”**
- (4) **“Interior Decorating”**
Arranging & In-Tuning Space With Your Frequency
- (5) **“Energetic Home or Office Space Clearing”**
Restructuring & Creating Intention On Location
- (6) **“Personal Land Ceremony”**
Clearing & Activation
- (7) **“Personal Guidance Sessions”**
Immediate Support For Your Needs
You Alone or Your Chosen Group of Friends
- (8) **“Personal Workshop & Teaching On Chosen Topics”**
Just for You—Alone or Your Chosen Group of Friends
- (9) **“Personal Light Language”—Meditation, Messages, Healing & Activation**
Just for You—Alone or Your Chosen Group of Friends

(13) SACRED RETREAT PACKAGES (2-7 days)

Immersive Get-Away From The 3D World

Reconnect To Your Heart & Refresh Your Soul In Community

- (1) **“Creative Ascension Upliftment Retreat”**
Multidimensional Shifting Into The New You
Healing & Activation, Learning & Utilizing Ascension “Knowing” & Tools

(14) MICRO-LEARNING & FOCUSED STUDY GROUPS (2 hours)

Presentations, Deep-Dive Classes & Focused Study Groups

Based On Shakara's Book Series—From The Star Guides & Shakara's Higher Self

(14A) “Topics”—Micro-Learning Based On Shakara's “Topics” Book Series

(Topic 1) “Ascension NOW”—Becoming The New YOU

The Stage of Awakening

Micro-Learning—Teaching & Info From The Book

- (1) **The Awakening**—The Process of Waking Up
Awaken Yourself, Your Reality & Your Consciousness
- (2) **The Shifting**—Our Shift of Ages During These Times
Shifts & Changes Occurring Now
- (3) **The Becoming**—The Process Of the Art of Ascension
Our Continuing Ascension Into The New Ways
- (4) **The Remembering**—Remembering & Knowing
The Remembering, Reintegration & Knowing All We Are
- (5) **The Being**—Moving Into The Future Way Of Being In The New
Our New World, New Consciousness, New Earth, New Human, New You

Focused Study Group Topics

- (1) **“Summary of Ascension NOW—Becoming the New YOU”**
Your Cosmic Transformation
- (2) **“Walking Two Worlds”**
The Multidimensional Ascension Path & Daily Life Now
- (3) **“Remember Who You Are”**
Accessing All Aspects of You & Your Being
- (4) **“Shifting Into The New World & New Way of Being”**
The Transformation of Consciousness
- (5) **“The Ascension Process”**
Steps of Transformation
- (6) **“Preparing For Our New World”**
The New You Transforming Now
- (7) **“You Are A Starseed Becoming & StarBeing”**
Making The Transition From Remembering to Knowing & Being
- (8) **“Creative Ascension”**
The Art of Ascending, Descending & Transcending
- (9) **“Activating, Integrating & Engaging Your Multidimensional Self”**
Expanding Your Abilities & Becoming Multidimensional Consciously

(Topic 2) **Creation & Creativity**—The Act & Art of Creating

Artistic Expressions, The Act Of Creation, Connecting To The Energy Of Creation & Manifestation

Micro-Learning—Teaching & Info From The Book

- (1) **Creation & Creativity Overview**
- (2) **The Creator Source—“The Absolute”**
- (3) **Creative Energy & Codes of Creation**
- (4) **Humans Are Creators of Their Lives**
- (5) **Art & Creativity**
- (6) **The Act & Art of Creating**
- (7) **The Ways of Manifesting**

Focused Study Group Topics

- (1) **“Remembering You are a Creator”**
Your Life Is Art & You Are Made of Creative Energy
- (2) **“Creative & Multidimensional Manifestation”**
The New Ways Of Creating In These Times
- (3) **“The Codes of Creation”**
Light Photonics Within Everything

(Topic 3) **Energy & Frequency**—Flow & Function of Energy Vibration

How Energy Functions & Working With Frequencies Of Light, Sound & Vibration In Daily Life

Micro-Learning—Teaching & Info From The Book

- (1) **“The Codes of Creation”**
- (2) **Energy & Frequency Overview**
- (3) **You Are Energy Connected to Everything**
- (4) **Energy & the Laws of Vibration & Attraction**
- (5) **Tuning Into the Universal Life Force**
- (6) **The Spirit Realm of Energy**
- (7) **Multidimensional Realms of Energy**
- (8) **The Kundalini Movement of Energy**
- (9) **Energy Taking Form in our Perceptions of Reality**
- (10) **Energetic Grids**
- (11) **Time & “Timeliness” Are Relative**
- (12) **Space Exists Nowhere & Everywhere Space**
- (13) **Matter Is Frozen Light Energy**
- (14) **Your Body & Your Holistic Light Energy**
- (15) **Electro-Magnetic Energy**
- (16) **Quantum Energy**
- (17) **Alchemical Energy**
- (18) **Etheric Energy & the Aetheric Realm**
- (19) **Energetic Alignment & Aligning With Energy**
- (20) **Energy Portals & Vortexes**
- (21) **Plasma & Etheric Energy**
- (22) **Light, Sound & Vibration**

- (23) **Light & Photons**
- (24) **Sound Frequency**
- (25) **You Are Made of Energy**
- (26) **The Energy of Colors**
- (27) **Healing Energy**

Focused Study Group Topics

- (1) **“Engaging With The Energy of Light, Sound & Vibration”**
- (2) **“You Are Pure Light Energy In Form”—Activating Your Vibration**
Raising, Expanding & Modulating Your Light Frequency

(Topic 4) **The Cosmos & Galactic Existence**—The Cosmic Connections *Our Connection to the Stars & What's Occurring in the Cosmos*

Micro-Learning—Teaching & Info From The Book

- (1) **Planets**
- (2) **The Extended Universe**
- (3) **Galactic Existence**
- (4) **The Cosmos**
- (5) **Stars & Constellations**

Focused Study Group Topics

- (1) **“Connecting with the Star Nations”**
Our Cosmic Family
- (2) **“The Star Kids Are Here”**
They Are The Light Masters
- (3) **“All About Star Guides”**
Our Helpers In Many Ways
- (4) **“Connecting With Other Guides & Source”**
Calling In & Partnering With Them
- (5) **“Connecting With Your Own Guides”**
Your Personal Consulting Team & Higher Self
- (6) **“You Are Your Own Master, Teacher & Guide”**
Following Your Inner & Higher Guidance & Connection With Everything

(Topic 5) **Nature, Earth & Gaia**—In Tune With The Forces of Nature

Working With Gaia, The Forces of Nature, Elementals, Energy Lines, Sacred Sites & The New Earth

Micro-Learning—Teaching & Info From The Book

- (1) **Physical Earth**
- (2) **Nature & the Natural Elements**
- (3) **Mother Earth, Mother Gaia**

Focused Study Group Topics

- (1) **“Connecting with the Natural Realm”**
Working With Nature, Earth, Gaia & The Elemental Nations
- (2) **“Connecting with the Animal Nations”**
Working With Animal Beings—Our Wise Guides & Friends

(Topic 6) **Light Language**—The High-Vibrational Language of Light

Where It Comes From, What It Is, How Transmissions Affect in our DNA, Upgrading, Manifesting Your Expressions

Micro-Learning—Teaching & Info From The Book

- (1) **Light Language Introduction Phonics**
- (2) **Light Language Overview**
- (3) **Light Language Manifestations**
- (4) **How Communicators Receive It**
- (5) **People Express It in Different Forms**
- (6) **How Light Language Transmissions Affects the Receivers**
- (7) **Light Language Now & in the Future**

Focused Study Group Topics

- (1) **“High-Vibrational Light Language”—The Universal Communication**
Light Language Is the Language of the Cosmos That Everyone Knows

(Topic 7) **Higher Communication Tools**—Connection Devices

Symbols, Codes, Numbers, Shapes, Signs, Glyphs, Crop Circles, Mandalas, Mantras & Higher Senses

Micro-Learning—Teaching & Info From The Book

- (1) **Higher Communication Tools Overview**
- (2) **Communication & Meaning**
- (3) **Sacred Symbols**
- (4) **Sacred & Energetic Tools & Devices**
- (5) **The Patterning in Everything**
- (6) **Sacred Geometry**
- (7) **Shapes Are Sacred Geometrical Forms**
- (8) **Codes**
- (9) **Words, Language, Writing & Scribing**
- (10) **Numbers**
- (11) **Colors**

Focused Study Group Topics

- (1) **“The Language of Love”**

(Topic 8) Systems of the 13—Dynamic Modalities—The 13 Ways
Continents, Grandma Trees, Moon Cycles, Feminine Energy, Crystal Skulls, Galactic Systems, Chakras & Senses

Micro-Learning—Teaching & Info From The Book

- (1) **Some of the 13 Systems I've Been Shown**
- (2) **About the 13—a Divine Number**
- (3) **13 Is an Activator for Change & Stimulates Energy Movement**

Focused Study Group Topics

- (1) **“Systems of the 13”**
The Beauty & High Vibration of All Things 13

(Topic 9) Action, Ceremony & Ritual—Practices & Tools To Raise Your Vibration
Honoring Sacred Moments, Dreaming, Visioning, Journeying, Healing & Activation Tools, Blending With Spirit

Micro-Learning—Teaching & Info From The Book

- (1) **Action, Ceremony & Ritual Overview**
- (2) **Action**
- (3) **Ceremony**
- (4) **Ritual**

Focused Study Group Topics

- (1) **“Transmutation Into The New Spirit Being”**
Spiritual Self-Transformation In These Times
Via Action, Ceremony & Ritual

(Topic 10) Union & Unity—From Duality to Unity & From One to Oneness
Remembering, Merging, Rebalancing & Reconnecting of Opposites, Feminine & Masculine, Spirit/Higher Self & Physical

Micro-Learning—Teaching & Info From The Book

- (1) **Union & Unity Overview**
- (2) **Ascension—Reunion of Life With Source**
- (3) **Unification of Energy, Spirit & Form**
- (4) **The Whole Self—Unification of our Holistic Form**

Focused Study Group Topics

- (1) **“Getting Fully Connected To Everything”**
Your Cosmic Web of Light
- (2) **“Blending & Merging Your Physical Self With Your Higher Self”**
Connecting & Aligning All Aspects Of Your Self
- (3) **“Life Inter-Connections”**
Developing & Sustaining Various Dynamic Relationships With Everything

(Topic 11) General Daily Life & Practical Living—Lifestyle Tools
*Connecting to Universal Life Force, Daily Practices & Principles, Group Dynamics,
Life Growth, Discipline & Balance*

Micro-Learning—Teaching & Info From The Book

- (1) **General Daily Life & Practical Living—Overview**
- (2) **Principals, Laws & Virtues**
- (3) **Gratitude, Abundance & Forgiveness**
- (4) **Faith, Belief, & Trust**
- (5) **Honoring & Celebrating Free Will**
- (6) **Support, Respect, Service & Giving**
- (7) **Truth & Perception**
- (8) **Life Challenges & Hardships**
- (9) **Human Beings...Being Human**
- (10) **New Work, Collaborative Communities & Energy Exchange**
- (11) **The Act of Play & Eternal Innocence**
- (12) **Dying & Passing to the Spirit Side**
- (13) **Experience, Learning & Growth**
- (14) **Civilization & Society Is Evolving**
- (15) **Relationships & Connection**
- (16) **Conscious Living & Being**
- (17) **Life Purpose, Meaning & Responsibility**
- (18) **Focus, Discipline & Mastery**
- (19) **Balance & Alignment in Life**

Focused Study Group Topics

- (1) **"Society Now"—What's Happening In Our World, Why & Riding The Change**
What's Really Going On Behind The Scenes & Navigating Big Social Reconstruction
- (2) **"Life In General is a Happening"**
Created By You & The Human Collective
- (3) **"Daily Life Tools & Practical Usage"**
Working With What's Available To You Every NOW Moment
- (4) **"Your Lightworker Role"**
Your Mission & Purpose In Preparation of The New World
- (5) **"Heightened Experience—Being Present"**
Presence In Your Center, In The Moment & In Life
- (6) **"Multidimensional Quantum Living & Being"**
Integrating The Many Aspects of You & Life

(Topic 12) The Individual Self—Going Within & Being All You Are
*Your Energy Signature, Your Higher Self, Whole Self Balance & Healing, Self-Initiation,
Upgrading Yourself & Mastering Your Unique Path*

Micro-Learning—Teaching & Info From The Book

- (1) **The Individual Self Overview**
- (2) **Personal Life Purpose**
- (3) **Your Higher Self**
- (4) **Self-Mastery—Master Thyself**
- (5) **Self Initiation**
- (6) **Your Soul Is Your Unique Essence**
- (7) **Your Spirit's Divine Aspect of Creation**
- (8) **Your Unique Personal Experiences**
- (9) **Will, Desire, Potential & Opportunities**
- (10) **Personal Truth**
- (11) **Exercising Your “Free Will” Choice**
- (12) **Personal Lifestyle Expressions & Sharing Your Gifts**
- (13) **Parenting Your Own Inner Child**
- (14) **Your Life Missions—Personal, Global & Cosmic**
- (15) **The Small Self, Ego & Higher Self**
- (16) **The Seeking Self & Your “Inner-Net”**
- (17) **Finding & Knowing Thyself**
- (18) **Personal Identity—Your Uniqueness & Your Identity**
- (19) **Your Unique Energy Frequency Signature**
- (20) **Be Your Authentic Self & Stand in Integrity**
- (21) **Releasing, Letting Go & Resolving**
- (22) **Self-Healing**
- (23) **Full Integration of the Holistic Self**
- (24) **Personal Activation**
- (25) **The Inner Alchemy Process**
- (26) **Personal Growth, Evolution & Success**
- (27) **“I Am That I Am—“You Are That You Are”**
- (28) **The Heart, Love, Emotions & Feelings**
- (29) **Managing Your Mind**
- (30) **Your Multidimensional Body**
- (31) **Getting in Your Center & Flow State**
- (32) **Accessing Higher Realms**
- (33) **Accessing Your Higher Senses**
- (34) **You Create Our Own Reality**

Focused Study Group Topics

- (1) **“Becoming More You”—Your Personal Inner Soul Transition & Transformation**
Individual Life Direction & Focus—Remembering & Being Who You Are
- (2) **“Creating Your Personal Path”**
Attracting & Manifesting The Life You Love
- (3) **“Your Are Unique & Carry Your Own Frequency”**
Activating & Working With Your Unique Energy Frequency Signature
- (4) **“Finding Inspiration For Life In Life Itself”**
Enhancing Your Personal Soul BEING & Gathering Inspiration From Everywhere
- (5) **“Doing What You Love & Aligning Your Work With Your Joy”**
Identifying & Following Your Passion & True Gifts In Work & Life
- (6) **“Connecting & Merging Your Cosmic Higher Self & Your Human Self”**
Who You Are & Who You Are Becoming As You Awaken Into The Full Aspect of You
- (7) **“Self-Expression”—Sharing Your Gifts & Expressing Your True Self**
Your Unique Style & Abilities Are Valuable & Needed For These Times
- (8) **“Self-Empowerment”—Finding Value & Strength To Be You**
Tapping Into Inner Universal Energies & Loving Yourself
- (9) **“Multidimensional Living”—Integrating All Aspects of Yourself**
Unifying All Your Mind, Body, Soul, Spirit & Etheric Systems
- (10) **Getting Rebalanced”—The Healing, Rebalancing & Recalibration Process**
Shifting Your Frequency Into Equilibrium
- (11) **“Retuning Your Personal Frequency”—For Inner Vitality As A New Being**
Refining Your Energy To Assist Aspects Of Your Life
- (12) **“Expanding & Radiating Your Inner Glow & BEING Your Light”**
Returning to Your Center Pillar of Light & Shining
- (13) **“Holistic Living & Being”—In All Aspects of Your Life**
Living Your Life In A Fully Connected Way With Everything

(Topic 13) **“The Shakara System”—Integration of All Shakara’s Work**

How All Shakara’s Topics Connect & Work Together

Micro-Learning—Teaching & Info From The Book

To come

Focused Study Group Topics

To come—*summary overview of all the above 12 topics...*

(14B) Meet “The Star Guides”—Micro-Learning

Overview & Connecting With My Star Guides

Based On Shakara’s “The Star Guides” Book Series

Micro-Learning—Teaching & Info From The Book

- (1) **Overview of My “Consulting Team”**
- (2) **Key Messages & Wisdom—From All the Guides**

Focused Study Group Topics

Who They Are, How They Work, Their Principles

heir Messages & Connecting With Them

- (1) **The Arcturians (the “ARCs”)**
The Collective Guides I Work With & My Star Family
- (2) **The Sasquatch (the “SAS”)**
Individual Guides & Tribes
- (3) **The Cosmic Star Nations (the “SN”)**
Tribes, Groups & Councils
- (4) **The Divine Feminine (The “DF”)**
Individuals, Groups & Collectives
- (5) **The Animal Nations (the “AN”)**
Earthly & Galactic Tribes & Beings
- (6) **The Elemental Nations (the “ELs”)**
Cosmic Elemental Nations, Gaia Nations & Protectors
- (7) **Mystical Beings (The “MB”)**
Earthly & Galactic Ancient Hybrid Beings
- (8) **The Ascended Masters (the “TRI-SKELs”)**
List of “Tri-Skel Trinity” Ascended Master Guides I Work With
- (9) **“The Shakara” & “Layooesh Tunila” (the “SHAKI”)**
My Direct Guides
- (10) **The “Guardian Alliance” (the “Guardians”)**
Collective of Guides

(14C) “All Other Guides In General”—Micro-Learning

“Info About Guides In General”

Calling In & Partnering With Them

Based On Shakara’s “The Star Guides” Book Series

- *Calling in & partnering with all other Guides*
- *Cosmic, Ascended/Astral, Earthly & Source Creator as Guides*

Micro-Learning—Teaching & Info From The Book

- (1) **About Guides In General & Who They Are**
- (2) **The Mission & Purpose of all Guides**
- (3) **How all Guides Are Helping Us Now**
- (4) **How They Connect With Us**

“Your Own Personal Guides”

*Connecting With Your Own Guides—Calling in & Partnering With Them
Based On Shakara’s “The Star Guides” Book Series*

Micro-Learning—Teaching & Info From The Book

(1) How To Connect With Your Own Guides

“You Are Your Own Guide”

*Merging All Aspects of You
Based On Shakara’s “The Star Guides” Book Series*

- *Your Self, inner self, inner child, Higher Self, Source*
- *Your inner Self, Source within & The 7 directional aspects of you*
- *Your inner codes of Light & connection to the Codes of Creation*
- *Your Central pillar of Light & Zero Point energy*
- *You in different dimensions & timelines, all your lifetimes, your role & mission*

Micro-Learning—Teaching & Info From The Book

- (1) You Are Already Connected to all Guides—From Within**
- (2) All Internal Aspects of You Are Also Guides to You**
- (3) Your Higher Self Is a Guide & An Aspect of You**
- (4) We Come From the Stars—Activating our Internal Star Codes**
- (5) In Time We Become the Messenger of Our Own Guides**
- (6) Realize Yourself—& Fully Become Your Own Guide**
- (7) Our Connection to our Guides—as an Aspect of Us**
- (8) The 7 Key Guides Within That Are Aspects of You**
- (1) Humans Are Coded From the Stars by Many Star Nations**
- (2) Some Variations on Star DNA Presence Within Humans**
- (3) Your Guides & The Universe Are Constantly Speaking to You**
- (4) Get in Alignment With the Same Energies The Guides Carry**
- (5) Connect to Your Guides (& Your Ancestors) in Dreamtime**
- (6) Awaken Consciously & Become a Guide to Others**
- (7) You Are Your Own Guide**

(14D) “Broad Themes”—Micro-Learning

* Level 1—Beginners

Focused Teachings On Specific Themes

Based On Shakara’s Full Book Series

Micro-Learning—Teaching & Info From The Books

- (1) **The Mind—Your Higher Consciousness**
- (2) **The Body—Your Vessel Of Light**
- (3) **The Soul—Your Unique Inner Being**
- (4) **The Spirit—Your Eternal Spirit & The Spirit World**
- (5) **The Etheric & Light Body—The Connecting Etheric Energy**
- (6) **Navigating Ascension—Managing Shifts & Changes**
- (7) **Light Language—Multidimensional Language of Light**
- (8) **You are A Creator—Life Art**
- (9) **Codes of Creation—Photonic Light Through Everything**
- (10) **Star Kids—The New Masters With Incredible Abilities**
- (11) **Star People—Our Star Nations Relations**
- (12) **All About Guides—Our Guides, Helpers, Guardians & Partners**
- (13) **Multidimensional Living—Being Quantum Consciousness**

(14E) “Process Steps”—Micro-Learning

* Level 2—Intermediate

Focused Teachings On Specific Process Steps

Based On Shakara’s Full Book Series

Micro-Learning—Teaching & Info From The Books

- (1) **The Awakening Process**
Awakening The Self, All Codes Within You, Your Consciousness & DNA
- (2) **The Shifting Process**
Shifting Yourself & all Things in Sync With the Shifting Energies
- (3) **The Becoming Process**
Development & Evolving as You Are Experiencing
- (4) **The Remembering Process**
Reintegrating all Former Aspects of You Into the You NOW
- (5) **“The Being Process”**
Being a Full Expression of Your True Self & the New You
- (6) **Healing, Rebalancing & Recalibration**
Rebalance, Fully Integrate & Retune Everything in all Ways
- (7) **Activating The Self & Inner Energy**
Activating Your Own Inner Codes & Energy Within all Codes
- (8) **Making Connection & Reconnecting To All**
Getting Fully Reconnected to Self, Others, the World, Earth, Society & Star People
- (9) **Growth, Reflection & Expansion—In Many Ways**
Expanding Into Higher Consciousness, Learning, Higher Senses
- (10) **Becoming Multidimensional—Walking Many Worlds**
Multidimensional Living & Holistic Integration of all Polarities

- (11) **Opening Access To Everything—Via The Codes of Creation**
Everything is Full Of Potential & Connected By Portals & Stargates In All Ways
- (12) **Expanding & Utilizing Your Unique Energy Frequency Signature**
Being Seen, Heard & Self-Expressed While Sharing Your Unique Gifts
- (13) **Creative Partnering, Communicating & Co-Creating**
Working Together in Harmony With Others, The World & the Cosmos at all Levels

(14F) “Techniques For Mastery”—Micro-Learning

*** Level 3—Advanced**

*Focused Teachings On Specific Techniques For Mastery
Based On Shakara’s Full Book Series*

Micro-Learning—Teaching & Info From The Books

- (1) **Perception & Perceiving**
Expanding Your Intuition & Higher Perceptive Abilities
- (2) **Experiencing Full Consciousness & Being Present**
Making A Direct Connection To In Your Inner Center
- (3) **Engaging Higher Psychic Senses**
Scrying & Visioning, Interpretation & Meaning
- (4) **Following Your Passion, What Brings You Joy & Happiness**
Connecting to Joy, Getting Passionately Motivated & Fully Engaged
- (5) **Working With Energy—Light, Sound & Vibration**
Working With Energy in New Ways To Do New Things
- (6) **Integration Of All Aspects of You—Quantum Living & Being**
Working Holistically—With the Mind, Body, Soul, Spirit & Etheric Self
- (7) **Utilizing All Activation Tools**
Working With Everything As a Tool To Utilize & Learn From
- (8) **Working Deeply With All Guides**
Your Guides, Other Guides & Everything as Your Guide
- (9) **Working With The Codes of Creation & Light Language**
Engaging All Aspects—Learning, Manifesting & Partnering Them
- (10) **Working With Your Inner Self, Higher Self & Frequency Signature**
Using Your Own Methods As Tools & Manifesting Your Gifts By Choice
- (11) **The Art of Connection—Getting Connected to Everything**
Connecting To Others, Guides, The Self, Higher Self & The All
- (12) **Creative Manifestation—Being the Creator In & Of Your Life**
The Art of Manifestation & Shaping Your Reality as Desired
- (13) **Preparing For The New World & New You NOW**
Next Steps in Life, The World & Post-Ascension

(15) PERSONAL GUIDANCE SESSIONS *(45 min-2 hours + packages)*

*"Conscious Way-Showing"—With Your Guide & Coach Shakara
For Individuals or Groups*

(15A) Mini Sessions *(45 min) \$90*

Swift Readings, Transmission, Message & Guidance

- (1) **"General Energy Reading & Guidance"**
Personal Energy Frequency Reading & Star Message
- (2) **"Hot Topic Q&A"**
Key Question, Answer & Guidance
- (3) **"Divination Reading Using Shakara's Cards"**
Star Guidance & Life Direction
- (4) **"Focused Light Language Energy Activation"**
Multidimensional Activation, Retuning & Empowering Energy Transmission
- (5) **"Channeled Messages From Shakara's Star Guides Team"**
Information & Instruction, Light Language & Star Messages
- (6) **"Channeled Star Language Messages From Your Guides"**
Messages Transmitted Through Shakara to You From Your Key Guides

(15B) Guidance Sessions

Single session (2 hour) \$300 / more exploration (3 2-hr blocks) \$750

One-On-One Guidance Sessions—With Shakara & The Star Guides On Various Topics
Dialog, Activations, Instruction & Guidance

Topics Can Include:

(1) Spiritual Awakening Sessions

- (1) **"Managing My Spiritual Awakening"**
You're Awakening Into Something Strange—Who Are You & What's Happening To You
- (2) **"For StarSeeds Remembering & The Becoming Of Star-Beings"**
For Starseeds Who Are Awakening—About Themselves, Their Role & Abilities

(2) “Ascension NOW” Sessions

- (1) **“All About Ascension”**
What’s Occurring During Our Ascension Times & Navigating These Changes Now
- (2) **“Want a New Realities & Conscious Expansion”**
You Desire To Expand My Consciousness, Perceptions & Abilities In New Ways
- (3) **“Coping With & Social Shifts Now”**
Managing Huge Shifts, Navigating Society Life & Being Human In These Times

(3) Personal Life Sessions

- (1) **“Immediate Life Issue Guidance”**
Dealing With A Big Issue & Want To Shift Quickly
- (2) **“Receive Healing Energy”**
Healing, Retuning, Recalibration & Transformation To Get Back In Balance
- (3) **“Gain More Personal Empowerment”**
Increasing Self-Confidence & Empowerment—Strengthen Your Inner Light
- (4) **“Identify & Use My Inner Gifts & Abilities”**
Accessing Your Unique Abilities & Freely Expressing Your Gifts In The World

(4) Daily Life Inspiration Sessions

- (1) **“Raise My Frequency & Live a High Vibe Life”**
Accessing Your Unique Abilities & Freely Expressing Your Gifts In The Worlds
- (2) **“My Personal Life Changes Support”**
Guidance On Your Journey—Life Changes & Your Life Path
- (3) **“Enhance Relationships With Self & Others”**
Strengthening Your Connections with Your Self, Others & Everything
- (4) **“Career & Business Life Direction”**
Get In Alignment With Your Happy Creative Expression & Contribution

(5) Light Language Sessions

- (1) **“Light Language Info, Activation & Communication”**
—You’re Speaking/Scripting/Drawing Light Language &/Or Want To Learn More

(6) All About Guides Sessions

- (1) **“Connect & Work With Guides In General”**
Various Guides—Star People, Spirit, Ascended Masters, Angels, Animal & Ancestor Guides
- (2) **“Connect With My Guides & Higher Self”**
Create & Maintain A Strong Connection To Your Own Guides

(7) Star People Sessions (ETs/Aliens, Human StarBeings, Star Children)

- (1) **“I Do (Or Want To) Communicate With Star People”**
Deepening Your Connection To Star People (ET Aliens) & Communicating With Them
(*Connect & Communicate With Various Star People*)
- (2) **“My Child Is A Star Child, Indigo or Crystal”**
Connecting With Your Star Kids, Learning More About Them & Intuning With Them

(15E) Life Coaching Session Packages

(4 weekly 2-hr blocks) \$1200 / (16 weekly 2-hr blocks) \$4800

** installment options available*

- (1) **“Life Coaching—Consecutive Deeper-Dive Exploration Session Packages”**
Based On The Life Guidance Session Topics Above...

(15F) Personalized Learning & Study—Q&A On Shakara's Main Books

(2 hr) \$300 / or Cycle through The Full Series (7 weekly 2-hr blocks/2 topics) \$2100

** installment options available*

Deep-Dive Personalized Q&A, Custom Teaching, Learning, Discussion, Study & Integration

*** Prerequisite: Purchase & Read That Specific Book**

(15F1) Topics Books

- (1) **Ascension NOW—Becoming The New YOU**
Navigating This New World, New Consciousness, New Earth, New You
- (2) **Creation & Creativity—The Act & Art of Creating**
Artistic Expressions, The Act Of Creation, Connecting To The Energy Of Creation & Manifestation
- (3) **Energy & Frequency—Flow & Function of Energy Vibration**
How Energy Functions & Working With Frequencies Of Light, Sound & Vibration In Daily Life
- (4) **The Cosmos & Galactic Existence—The Cosmic Connections**
Our Connection to the Stars & What's Occurring in the Cosmos
- (5) **Nature, Earth & Gaia—In Tune With The Forces of Nature**
Working With Gaia, The Forces of Nature, Elementals, Energy Lines, Sacred Sites & The New Earth
- (6) **Light Language—The High-Vibrational Language of Light**
Where It Comes From, What It Is, How Transmissions Affect in our DNA, Upgrading, Manifesting Your Expressions
- (7) **Higher Communication Tools—Connection Devices**
Symbols, Codes, Numbers, Shapes, Signs, Glyphs, Crop Circles, Mandalas, Mantras & Higher Senses
- (8) **Systems Of The 13—Dynamic Modalities—The 13 Ways**
Continents, Grandma Trees, Moon Cycles, Feminine Energy, Crystal Skulls, Galactic Systems, Chakras & Senses
- (9) **Action, Ceremony & Ritual—Practices & Tools To Raise Your Vibration**
Honoring Sacred Moments, Dreaming, Visioning, Journeying, Healing & Activation Tools, Blending With Spirit
- (10) **Union & Unity—From Duality to Unity & From One to Oneness**
Remembering, Merging, Rebalancing & Reconnecting of Opposites, Feminine & Masculine, Spirit/Higher Self & Physical
- (11) **General Daily Life & Practical Living—Lifestyle Tools**
Connecting to Universal Life Force, Daily Practices & Principles, Group Dynamics, Life Growth, Discipline & Balance
- (12) **The Individual Self—Going Within & Being All You Are**
Your Energy Signature, Your Higher Self, Whole Self Balance & Healing, Self-Initiation, Upgrading Yourself & Mastering Your Unique Path
- (13) **The Shakara System—Integration of All Shakara's Systems & Topics**
*How all the above work together & connect to everything & Source
This Is The Shakara Signature System*

(15F2) Star Guides Books

- (1) **The Arcturians (the “ARCs”)**
The Collective Guides I Work With & My Star Family
- (2) **The Sasquatch (the “SAS”)**
Individual Guides & Tribes
- (3) **The Cosmic Star Nations (the “SN”)**
Tribes, Groups & Councils
- (4) **The Divine Feminine (The “DF”)**
Individuals, Groups & Collectives
- (5) **The Animal Nations (the “AN”)**
Earthly & Galactic Tribes & Beings
- (6) **The Elemental Nations (the “ELs”)**
Cosmic Elemental Nations, Gaia Nations & Protectors
- (7) **Mystical Beings (The “MB”)**
Earthly & Galactic Ancient Hybrid Beings
- (8) **The Ascended Masters (the “TRI-SKELs”)**
List of “Tri-Skel Trinity” Ascended Master Guides I Work With
- (9) **“The Shakara” & “Layooesh Tunila” (the “SHAKI”)**
My Direct Guides
- (10) **The “Guardian Alliance” (the “Guardians”)**
Collective of Guides
- (11) **Guides In General**
- (12) **Your Own Personal Guides**
- (13) **You As Your Own Guide**

(16) PRODUCTS—Activated Tools

Shakara's Products Available For Purchase

Activation, Direction, Support & Inspiration Tools For Your Life Journey

- (1) Divination Oracle Cards**
For Every Key Topic, Guide Group, Themes & Codes
- (2) Affirmation Cards & Quotes**
Positive Inspirational Messages
- (3) All Artwork & Codes**
Paintings, Soul Portraits, Light Codes & Commissions
- (4) Various Topics, Guides & Themes Book Series**
PDF & Paperback, Kindle & Mini-Books
- (5) Audio Music Downloadable Files**
Meditations, Music, Readings & Presentations
- (6) Teaching Events & Replays**
Classes, Courses, Presentations, & Workshops
- (7) Promotional Platforms**
Website, Community Site, Learning Institute & Lifestyle Show
- (8) Branded Print Material (Prompt Journals etc)**
With Generic Codes & Art
- (9) Supplemental Learning Print Material**
For Courses & Classes
- (10) Mass-Produced Merch (T-Shirts, Tapestries, Jewelry etc)**
With My Light Language, Art, Quotes, Codes & Symbols
- (11) Co-Created Products**
With Others Of My Art, Light Language & Codes
- (12) Hand-Made & Mass-Produced Crafts (Drums, Walking Sticks etc)**
Energy & Divination Tools With My Art & Codes
- (13) Gift Boxes—Sacred Bundle Kits**
Bundles Of My Various Products

(17) JOIN SHAKARA'S EXPANSIVE COMMUNITY

Various Platforms Shakara Shares On & Ways To Stay Connected

- (1) Newsletter Sign-Up**
- (2) Daily Podcast**
- (3) Ongoing Subscription Community**
- (4) Mobile App**
- (5) Game App—Do-It-Yourself Readings** *(Featured On Site & App)*
- (6) Facebook Page**
- (7) Private Facebook Group**
- (8) Instagram**
- (9) Shakara's Personal Website**
- (10) Lifestyle Website**
- (11) Learning Institute Website** *(later Retreat Center)*
- (12) Certification for "The Shakara System"**
- (13) Future Expansion Projects**

(18) ABOUT SHAKARA

*Experiences & Info About Shakara's Body of Work
For Interviews & Presentations*

(18A) "Becoming Shakara"

Info & Experiences From Shakara's Life Journey

Teaching & Info From The Book

- (1) Overview—My Journey Of Awakening**
- (2) The Download Process Of "The Messages"**
- (3) The Process of Writing "The Big Book"**
- (4) Experiences & Connections With My Guides**
- (5) A Few Key Life Experiences**
- (6) Personal Activation, Integration & Expression Sequence**
- (7) Personal Things I Learned On My Journey**
- (8) My Direct Experience As An ET Contactee**
- (9) My Unique Light Language—Various Styles**

(18B) About Shakara's Body of Work

Her Mission, Purpose, Process, Roles, Work Style, Formats & Methods

Overview

- (1) My Mission, Role & Purpose**
- (2) How I Work & My Process**
- (3) The Main Areas of Focus In All My Work**
- (4) Tools Of My Work**
- (5) Benefits You Receive From My Work**
- (6) My Shifting Roles Throughout Presenting My Work**
- (7) My Skills & Abilities**
- (8) My Teaching Method**
- (9) Various Formats I Teach In—Ways & Teach & Share**
- (10) All My Media Groupings By Theme**
- (11) Process Steps I Teach Throughout Every Aspect of My Work**
- (12) Top-Level Techniques I Teach Through My Work**
- (13) My Various Media, Style & Delivery Methods of All My Work**
- (14) My Multidimensional Art Creations & Travels Gallery**

(18C) Press Information

- (1) Shakara's Bio**
- (2) Client Testimonials & Feedback**
- (3) Contact Information**